

Fall, 2008

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Dear Friends of The Family Center,

This fall marks a special birthday for The Family Center: **CELEBRATE 8!!** Over the past eight years, we have worked hard to bring you accessible, quality, community-based programming.

We have *only been able to do this* because of the strong community support received from individual donors, family foundations, organizations, businesses and you, our "friends of The Family Center". Show your support of our local efforts to strengthen families with a donation today!

The Family Center is the place parents turn to when they ask:

- Am I doing everything right for my newborn?
- Does my toddler seem withdrawn for a reason?
- Can I be sure my child is ready to start kindergarten?
- Is my teen more sad than normal?
- How can I protect my children online?
- What challenges will my family face as our high school student prepares for college?

The Family Center responds with enrichment programs like:

- **College: Planned Choices for a Successful High School to College Transition** (Oct. 28).
- **Kindergarten: Get Ready!!** presentation clarifies what kids need academically, socially and emotionally to be prepared for school (Nov. 20).
- **Partners In Parenting** 2009 series of presentations from St. John Hospital & Medical Center and Beaumont Hospital pediatricians on: Newborn Issues, Parenthood, Behavior Management, Assessing and Addressing Autism.
- **Eric Hipple's "Hopeful Goal,"** a special presentation on depression and suicide. Since losing his teenage son to suicide seven years ago, the former Detroit Lions quarterback has led a crusade to recognize and treat the signs of depression in young people (Feb. 3).
- **Technology Today** how it impacts children & families will be the theme of our annual Symposium (Mar. 14).
- **Additional information via our resources:** Web site, DVD's, *Ask the Experts* columns and *Navigating the Adolescent Years: A Road Map* guidebook.

Our goal for **CELEBRATE 8!!** is to raise \$80,000 over the next year to help continue and enhance the work of The Family Center. With challenging times for all of us, our services will be depended upon more than ever.

Please join us in contributing generously this year!

Thank you,



Helen Landuyt, PhD
Board President

Deborah Liedel
Executive Director

Diane Strickler
Founder