

## ASK THE EXPERTS with Beaumont Professionals March 2010

Come join the experts for informal talks addressing common concerns for all children.

**Time:** 6:30 to 8 p.m. – presentation includes a question and answer portion

**Location:** Beaumont Hospital, Grosse Pointe, Connelly Auditorium, 468 Cadieux, Grosse Pointe

### Wed, March 3

#### The 40 Developmental Assets: Building Blocks for Your Child's Future (Ages 0-18)\*

Presenter: Kim Steggles, MA



The 40 Developmental Assets are building blocks which ensure that all children are healthy, caring and productive. As a parent, you can and should be the most influential asset builder in your child's life. In this workshop, you will learn simple techniques for building the 40 Developmental Assets on a daily basis.

### Wed, March 10

#### "They did WHAT?" Understanding and Managing Challenging Childhood Behavior (Ages 0-9)\*

Presenter: Jennifer Arnold, MS and Lori Warner, Ph.D.



Tantrums? Noncompliance? Meltdowns? We will discuss an overview of common challenging behaviors in children and why they occur. Parents and educators alike will benefit from learning about concrete strategies for understanding and solving these challenges!

### Wed, March 17

#### Is My Child on the Spectrum? (Ages 0-9)\*

Presenter: Lori Warner, Ph.D.



Parents and professionals who work with young children are often concerned that something may be different with their child's development, but are not sure if they should seek evaluation or "watch and wait." It is critical that any child suspected of having a developmental delay receive early and appropriate intervention. In this presentation, Dr. Warner will clarify the different disorders on the autism spectrum and highlight early warning signs and risk factors for diagnosis. She will also describe available treatment options. Discussion will focus on common parental questions about development in young children, and how to decide whether something is "just a phase" or raising a red flag for concerns.

### Wed, March 24

#### Potty Progress: Behavioral Strategies for Toilet Training and Bedwetting (Ages 0-9)

Presenter: Jennifer Arnold, MS



Is your child able to tell you he needs a diaper? Sits happily on the toilet or potty chair, but never "produces"? This presentation will teach you how to identify readiness signs and develop a structured, successful approach to toilet training. We will also discuss bedwetting in older children and how to address this and other toileting problems.

Each session is FREE and is followed by 30 minutes of Q & A.

Questions & RSVP: The Family Center 313.432.3832 or [info@familycenterweb.org](mailto:info@familycenterweb.org), [www.familycenterweb.org](http://www.familycenterweb.org)

\*This presentation has been approved by the Grosse Pointe Public School District and Harper Woods School District for staff development hours. Staff please remember to sign the attendance sheet at the door to receive credit.