

PARENTING CLASSES

THROUGH BEAUMONT HOSPITAL, GROSSE POINTE – WINTER 2010

The Ins and Outs of Autism

This discussion will provide a brief overview of autism spectrum disorders, describe early warning signs/red flags vs. typical developmental stages/behaviors and provide brief information about how autism is diagnosed and treated.

Date: Feb. 10

Time: 6 to 7:30 p.m.

Location: Neighborhood Club

Fee: FREE

Speaker: Lori J. Warner, Ph.D., *director, Center for Human Development's HOPE Center, Beaumont Hospital, Royal Oak*

Is My Child on the Spectrum?

For parents of children ages 0 to 9 and professionals interested in the different disorders on the autism spectrum, as well as learning early warning signs, risk factors and treatment options.

Date: March 17

Time: 6:30 to 8 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: FREE

Speaker: Lori J. Warner, Ph.D., *director, Center for Human Development's HOPE Center, Beaumont Hospital*

Potty Progress: Behavioral Strategies for Toilet Training and Bedwetting

Identify readiness signs and develop a structured, successful approach to toilet training and learn to address bedwetting and other toileting problems for children ages 0 to 9.

Date: March 24

Time: 6:30 to 8 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: FREE

Speaker: Jennifer Arnold, M.S., *behavioral analysis psychologist, Center of Human Development's HOPE Center, Beaumont Hospital*

Baby Care and Safety

Learn basic care and safety for baby's first year. Topics include holding, bathing, feeding, crying, sleeping, illness and safety concerns.

Dates: Feb. 4 and March 4

Time: 7 to 9:30 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: \$30/couple

Big Brother, Big Sister

Children ages 3 to 8 can learn what their new sibling will be like. Parents learn about sibling relationships and adjustments.

Date: Feb. 6

Time: 10 to 11 a.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: \$20/family

40 Developmental Assets: Building Blocks for Your Child's Future

Learn simple techniques to develop the building blocks to ensure your child (ages 0 to 18) is healthy, caring and productive.

Date: March 3

Time: 6:30 to 8 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: FREE

Speaker: Kim Steggles, *Parenting Group coordinator, Beaumont Hospital*

Grandparent Class

Grandparents can give needed support to new families. Learn about changes in care since your child was young, safe care of a newborn, car seat safety, comfort issues grandparents can help with, gift ideas and much more.

Date: April 15

Time: 7 to 9:30 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: \$20/person

"They Did What?" Understanding and Managing Challenging Childhood Behavior

Parents and educators of children ages 0 to 9 will benefit from learning strategies for understanding and solving common challenging behaviors in children and learn why they occur.

Date: March 10

Time: 6:30 to 8 p.m.

Location: Beaumont Hospital, Grosse Pointe

Fee: FREE

Speakers: Lori J. Warner, Ph.D., *director, Center for Human Development's HOPE Center, Beaumont Hospital*

Jennifer Arnold, M.S., *behavioral analysis psychologist, Center for Human Development's HOPE Center, Beaumont Hospital*

Class Locations

Beaumont Hospital, Connelly Auditorium, 468 Cadieux, Grosse Pointe

Neighborhood Club, 17150 Waterloo, Grosse Pointe

*Parenting classes presented in partnership by
Beaumont Hospital, Grosse Pointe and The Family Center*



To register for classes, call 800-633-7377.

Beaumont Hospital
Grosse Pointe